

Agency Dollar Statements

ACLU of Nebraska

- \$25 allows us to testify on one of the nearly 100 bills that impact civil liberties each year.
- \$50 allows us to do a “Know Your Rights” presentation to a classroom or community group.
- \$500 covers the cost of a basic legal proceeding in one of the dozens of cases we take on each year.

Angels Among Us

- \$10 per month will provide for one month's worth of electricity for a family.
- \$25 per month will provide for a car payment for a family.
- \$50 per month will help pay rent for a family.
- \$100 per month will help pay a mortgage for one month for a family.
- \$250 per month will support an entire family for six months.

The Arc of Nebraska

- \$1 per week provides a meal for a person with developmental disabilities with their state senator. (\$52)
- \$5 per week provides for one family to attend a training sponsored by The Arc. (\$260)
- \$50 provides an opportunity for a person with a developmental disability to attend a conference.
- \$75 provides a family with a membership to The Arc of Nebraska.
- \$100 sponsors our website for a month.

Audubon Nebraska

- \$1 per week could provide an insect net, magnifier, and other tools for students to use exploring our ecosystem throughout the year (\$50).
- \$2 per week is the cost of one pair of binoculars for use by students and adults in various citizen-science and discovery learning opportunities throughout the year (\$100).
- \$5 per week could cover expenses for one acre's worth of native seed mix. When restoring new areas and improving existing habitat, these seeds brings the mix of grasses and wildflowers that the birds, bugs, and other wildlife need for food and shelter (\$250).
- \$10 per week could cover the cost of burning 25 acres of our native prairie. This is an authentic and crucial part of conserving a flourishing native plant diversity at our 3,000+ acres of protected habitat in Nebraska (\$500).
- \$20 per week is the cost of a week-long camp for a group of Nebraska students, who will get to fully immerse in hands-on, discovery-based learning at one of our education centers (\$1000).

Autism Center of Nebraska, Inc.

- \$10 per month provides sturdy kitchen chairs in a group home, or a grill for the backyard patio. (\$120)
- \$1 per week provides a holiday gift for an individual without family. \$10 per month provides sturdy kitchen chairs in a group home, or a grill for the backyard patio. (\$52)
- \$3 per week provides cash register training and customer service experience at ACN's The Art Garden gift boutique. (\$156)

Boy Scouts – Cornhusker Council

- \$15 per month provides a camp experience for one youth. (\$180)
- \$30 per month provides the Scouting program for 1 youth for one year. (\$360)
- \$50 per month supports a ScoutREACH den (8 boys) for one year. (\$600)

The Bridge Behavioral Health

- \$10 provides a treatment workbook for a client who has experienced trauma.
- \$25 provides personal care items for a client.
- \$50 provides medication for a client in the Medical Withdrawal Unit.
- \$75 supports a counseling session with a client and family members.
- \$100 provides a medical consultation for a client.

Camp Confidence

- \$75 pays for a student to go horseback riding or whitewater rafting in Wyoming every summer.
- \$30 covers a student's lunch at all our weekend activities for a year.
- \$10 a month pays for transportation for a student for an entire year. (\$120)

Capital Humane Society

- \$10 vaccinates 3 adult dogs.
- \$50 tests 5 dogs for the Parvo Virus.
- \$100 microchips 10 adoption animals.
- \$500 tests 100 dogs for Heartworm.

Center for Rural Affairs

- \$1 per week helps provide fresh farm-raised food to children for school lunches (\$52).
- \$10 per month helps win rural-focused provisions in the Farm Bill (\$120).
- \$5 per week helps ensure Nebraska passes forward thinking, socially just laws (\$260).
- \$15 per month helps us fight for a clean energy future for rural America (\$180).
- \$25 per month sends people like you to Washington D.C. to fight for strong small towns and rural communities (\$300).

CenterPointe

- \$0.50 per week can help provide nutritious meals for someone living in a treatment center. (\$26)
- \$1.00 per week can help provide 3 hours of life skills education to support sober living. (\$52)
- \$1.50 per week can help provide a bus pass for someone to attend outpatient therapy. (\$78)
- \$5.00 per week can help provide an apartment starter kit and furniture for someone coming off the streets. (\$260)

Clinic with a Heart

- \$36 provides one pair of glasses.
- \$15 covers the cost of prescriptions per patient visit.
- \$336 covers the prescription costs per clinic night.
- \$2.97 covers the expense per dental patient
- \$5.06 is the average lab cost per medical visit.

Crane River Theater

- \$5 per week assists with supplies for our summer educational programs (\$260).
- \$10 per week assists with production elements for our summer productions (\$520).
- \$25 assists with the registration fee for a child to take part in our Explore Theater classes for youth.
- \$50 assists with travel expenses for our Page to Stage Library outreach program that travels throughout Nebraska.
- \$75 assists with the registration fee for a high school student to take part in our Backstage Workshop.
- \$250 sponsors a teacher for one of our educational programs
- \$500 sponsors an actor for one of our productions.

Foundation for Lincoln Libraries

- \$15 buys a board book for toddlers.
- \$29 buys a video for the teen space.
- \$75 buys one copy of an E-Book, which can be downloaded approximately 20 times and then must be purchased again.

Habitat for Humanity of Lincoln

- \$10 provides nails.
- \$50 provides 2 cans of paint.
- \$100 provides a window.
- \$500 provides a wall.
- \$1,000 provides gutters.

Hear Nebraska

- \$500 pays for a workshop for local musicians, teaching critical skills in band management, tour booking, audio production and social media promotion.
- \$100 produces one compelling, video feature story on a Nebraska music industry/community subject.
- \$50 produces one written feature story on a Nebraska artist.
- \$10 per month keeps the site running and the story mill churning. (\$120)

Hearts United for Animals

- \$10 per months will vaccinate 12 dogs or cats in a year and save them for illness and possible death. (\$120)
- \$35 per month will spay or neuter any dog or cat and prevent litters of homeless puppies or kittens. (\$420)
- \$100 per month will provide dental health to a puppy mill dog that is suffering from mouth infection. (\$1,200)

Houses of Hope of Nebraska

- \$ 4.00 provides 1 month of a generic prescription medication for a consumer.
- \$ 8.00 provides a consumer a 30 day bus pass.
- \$ 50.00 provides two hours of group counseling sessions for 12 consumers.
- \$ 100.00 provides one on-site clinic session with an Advance Practice Registered Nurse (APRN) for 4 to 6 clients.

Humanities Nebraska

- \$10 purchases a book such as "The Upside Down Boy" (El nino de cabeza) for a family participating in bilingual Prime Time Family Reading Time.
- \$25 provides a curriculum packet for a teacher participating in Capitol Forum on America's Future.
- \$50 provides a speaker for a school.
- \$125 provides an honorarium for a scholar in the Speakers Bureau to give a program at a library or cultural center. \$250 allows four high school students to participate in Capitol Forum on America's Future at the State Capitol.
- \$875 funds a storyteller for a six-week Prime Time session.
- \$1,000 covers the cost of a workshop leader for Nebraska Warrior Writers, a writing workshop for veterans.

Inclusive Communities

- \$10 pays for a meal and supplies for an Omaha Table Talk attendee.
- \$32.00 a month allows an area high school student to attend IncluCity, a residential leadership camp and participate in a year-long diversity and inclusion training internship. (\$384)
- \$32.00 a month pays for one diversity and inclusion presentation in our community. (\$384)

The Junior League of Lincoln

- \$0.50 a week provides 1 pair of shoes for a student in need. (\$26)
- \$1 a week provides a new winter coat for a student in need. (\$52)
- \$10 a month buys shelving for a new Clothesline closet in a new school. (\$120)
- \$100 a month builds a new closet and stocks it with clothing for students in need. (\$1200)

Leaderships Lincoln, Inc.

- \$275 provides a full scholarship for a Youth Leadership Lincoln participant.
- \$500 pays for a seminar for one of our four programs.
- \$1,200 provides a half scholarship for a non-profit or in-need participant to take part in our Fellows program.

Lincoln Arts Council

- \$42 a month for one year equals the amount of one project grant award given for arts outreach to an underserved audience in Lincoln. (\$500)
- \$100 pays for 2.5 hours of a teaching artist's time in residency at a limited resource school in Lincoln.
- \$250 covers the scholarship for one first-time festival artist to show at the Lincoln Arts Festival.

Lincoln Children's Museum

- \$50 pays for one month's supply of hand sanitizer.
- \$87 pays for a membership for a low-income family.
- \$100 pays for one week of exhibit maintenance costs.
- \$250 pays for a month of costumes in our dress up area.

Lincoln Children's Zoo

- \$0.75 per week provides admission tickets to Lincoln Children's Zoo for a family of four through the CATZ program. (\$39)
- \$1.75 per week provides a family membership to Lincoln Children's Zoo through the CATZ program. (\$91)
- \$10 per month gives at least 12 children the chance to experience the Zoo through the CATZ program. (\$120)
- \$25 per month gives at least 3 families access to the Zoo through the CATZ program. (\$300)

Lincoln Community Playhouse

- \$3 per week gives a Theatre Arts Academy scholarship to one child. (\$156)
- \$10 buys a child a ticket to a performance.
- \$25 buys a script for a musical.
- \$75 pays for royalties for one night of a play.
- \$100 pays for royalties for one night of The Penguin Project.

Lincoln Parks Foundation

- \$50 purchases two rose bushes for the gardens.
- \$100 funds drinks and snacks for volunteers at Wake up the Beds.
- \$250 funds a week long camp for two Lincoln children.
- \$500 purchases ornamental trees and exotic plants for the gardens.
- \$1,000 helps contribute to funding a free family community event such as Party on the Plaza.

Lincoln's Symphony Orchestra

- \$50 covers the cost of one underserved family (from a Title I school, programs such as Big Brothers Big Sisters, or the immigrant and refugee community) to attend our Family Concerts.
- \$8 per month helps subsidize free tickets for the veteran community, through VetTix.org. (\$96)
- \$25 per month provides LSO Guest Artist performances in schools and community sites, free of charge. (\$300)
- \$10 per week contributes to the purchase or rental of music for a performance. (\$120)

Make-A-Wish Nebraska

- \$10 purchases sand toys for Simon's backyard play structure.
- \$50 purchases sunscreen and beach towels for Dani's trip to the ocean.
- \$250 purchases a wish enhancement like a shore excursion on Jacob's cruise.
- \$500 purchases electronics as part of Cody's shopping spree wish.
- \$1,000 purchases a hotel stay for Emma's family as she heads to the theme parks in Orlando.

The Mediation Center

- \$40 per month provides a scholarship each month for a low-income Parenting Class participant - a total of 12 scholarships in a year. (\$480)
- \$50 pays for two hours of mediation for a low-income client.
- \$10 per month pays for much needed mediation session supplies such as flip-boards, markers, and informational brochures. (\$120)

Mental Health Association of Nebraska

- \$5 provides a Wellness Recovery Action Plan (WRAP) Workbook for a participant.
- \$7 pays for a package of toilet paper at the peer run respite houses.
- \$20 underwrites food handlers permit.
- \$30 will pay for a pair of work boots for someone trying to go back to work.
- \$100 buys a bike for someone to get to work or appointments.
- \$425 covers the deposit on an apartment.
- \$1300 pays for 2 facilitators and materials to provide an 8-week WRAP Support Group to youth or individuals recently released from the Department of Corrections.

Merryman Performing Arts Center

- \$25 pays for 25 students to attend a student matinee performance.

Midlands Mentoring Partnership

- \$45 covers the cost of one high-quality background check for prospective mentors (we spend \$45,000 per year on background checks).
- \$75 covers the registration cost for one mentor to attend our annual mentoring summit at no cost.
- \$250 provides 1 free training opportunity for 20 staff members from our partner agencies.
- \$1,500 sends one of our professionals to a national mentoring conference.

MilkWorks

- \$10 pays for free a drop in weight check, available without an appointment in a well-facility.
- \$100 provides knowledgeable staff to lead twice weekly moms' groups providing crucial peer-to-peer support.
- \$250 supports an initial and follow-up consultations for low income families.
- \$500 connects breastfeeding to a healthy community through school presentations and outreach activities.

Mothers Against Drunk Driving (MADD) Nebraska

- \$25 pays for 100 youth to have access to MADD's Power Of Youth Teen Booklet.
- \$45 puts 1000 red ribbons in our communities to raise awareness and support for Law Enforcement to end impaired driving.
- \$50 pays for 25 parents to have MADD's Power of Parents Handbook and Class to help them start the conversation about alcohol with their teens.
- \$75 pays for mileage to allow a victim advocate to attend court with a victim of impaired driving.

Museum of Nebraska Art (MONA)

- \$100 provides a Learning Day for a group of school-children. One of MONA's Art Specialists guides children through tactile and intuitive activities inspired by artworks on display in the Museum.
- \$250 supplies a bus to bring school-children to MONA. Our Miles to MONA program transports students to the Museum for personal encounters with art and artists from various periods of Nebraska history.
- \$500 covers one month of technological support for MONA's website. Over 50,000 visited mona.unk.edu last year for information on the collection and exhibitions at MONA in addition to checking on events and activities.
- \$750 produces one edition of MONA Showcase. Four times a year, the Museum hosts evenings of art and entertainment, featuring performing, literary, and visual artists from the area.
- \$1,000 supports an ARTreach exhibition at a venue in a Nebraska city or town.

NALHD – Nebraska Association of Local Health Directors

- \$5 per month provides multilingual resources and training to help all Nebraskans make healthy choices and be safe in emergencies. (\$60)
- \$10 per month prepares civilian providers in your community to better understand and meet the needs of military and veteran families. (\$120)
- \$25 per month trains community members in Mental Health First Aid, helping communities better address behavioral health needs locally. (\$300)
- \$50 per month helps pay for programs that prevent and help folks manage their diabetes. (\$600)

The Nature Conservancy in Nebraska

- \$25 helps a mentor travel to a beginning rancher's house to talk about sustainable grassland management.
- \$50 helps to protect a bison and its habitat at the Niobrara Valley Preserve.
- \$75 helps clear a riverbank of invasive plants.
- \$100 provides an acre of native seed for a restored prairie.
- \$125 houses a researcher for a week.

Nebraska Alliance of Child Advocacy Centers

- \$9 per week enables the Nebraska Alliance to provide a national speaker for professionals conducting investigations to learn about emerging topics affecting at-risk Nebraska families. (\$468)
- \$22 per week helps the Nebraska Alliance provide peer review for all Nebraska CACs for 5,000+ children to have quality forensic interview services. (\$114)
- \$20 per month helps Nebraska Alliance Coordinators travel to communities to work with the Child Advocacy Centers in the fight against child abuse and neglect. (\$240)
- \$24 per month provides staff video-conferencing at all Nebraska CACs to help maintain the same excellent quality of care for children and families. (\$288)
- \$25 per month helps support the Nebraska Alliance training for CAC staff around Nebraska to expand services for at-risk families. (\$300)
- \$50 pays for Nebraska Alliance staff to create an informational presentation for the public on policy supporting CACs.

Nebraska Appleseed Center for Law in the Public Interest

- \$30 to have a voter registration booth at a community event.
- \$50 prints 300 Know Your Rights brochures for community members.
- \$100 hosts an advocacy party, educating supporters on how to take action.
- \$200 covers travel costs for two community members to testify at the Nebraska state capitol.

Nebraska CASA Association

- \$25 provides a new volunteer with their training manual.
- \$100 covers the cost of background checks for 4 volunteers.
- \$1000 provides a child in the court system because he/she is the victim of abuse and neglect, a Court Appointed Special Advocate (CASA).

Nebraska Children and Families Foundation

- \$50 helps a local early childhood center learn how to apply the latest research on brain development of young children in their classrooms.
- \$100 can help a parent access training and education that creates a stronger, thriving home environment for their children.
- \$250 can bring hands-on STEM (Science, Technology, Engineering and Math) learning to afterschool programs.
- \$500 brings young people aging out of foster care together for career-readiness classes.

Nebraska Children's Home Society

- \$50 provides for one hour of academic assistance for a young parent completing his/her education.
- \$120 provides a car seat for a child in the Foster care program.
- \$250 sponsors post-adoption support groups.
- \$500 provides a month of service for a newborn baby in our care.
- \$1,200 covers the average cost for medical care and hospital expenses for a child.
- \$2,000 covers the initial cost of a home study.

Nebraska Coalition to End Sexual and Domestic Violence

- \$10 provides 8 booklets for survivors of domestic and sexual violence, with information about options, resources, and healing.
- \$15 provides 50 brochures to survivors to help them plan for safety.
- \$50 provides training packets to 25 participants at a workshop.
- \$75 provides 1 copy of a healthy relationships and violence prevention curriculum to a local domestic violence/sexual assault program.
- \$150 helps secure training space so that staff and volunteers of local crisis programs receive training.
- \$300 operates one month of the statewide hotline for Spanish speaking victims of domestic and sexual violence.

Nebraska Sports Council

- \$25 allows an underprivileged kid the opportunity to participate.
- \$50 provides funding for two kids' participation.
- \$100 provides funding for a whole family.
- \$500 goes directly to the NSC Foundation to ensure its future!

Nebraska Statewide Arboretum

- \$1 per week helps us collect seeds from local trees and plants unique to Nebraska (\$52).
- \$3 per week plants a native plant garden (\$156).
- \$10 per month plants two community trees (\$120).
- \$50 provides 2,000 brochures on how to plant and care for the landscape.
- \$100 provides two hours of training for community volunteers and advocates.
- \$500 provides an intern two weeks hands-on experience improving a public landscape.

Nebraska Trails Foundation

- \$1 dollar a week pays for one of our new color coded trail signs. (\$52)
- \$2.50 per month pays for twelve of our free color trail maps. (\$30)
- \$33 per month pays for one of the five new trail sign kiosks. (\$396)

Nebraskans for Civic Reform

- \$15 dollars provides postage for one middle school class to send a letter to their state senator about an issue that they want to change in their community.
- \$36 dollars provides materials for a Voter Advocate training.
- \$74 dollars covers the cost of a Civic Health community conversation and facilitation of community asset mapping to cultivate change in rural communities.

NET Foundation for Radio

- \$80 pays for 1 "Fresh Air" show
- \$120 pays for 1 episode of "On Being"
- \$240 buys about 16 CDs for the NET Radio music library
- \$365 (\$1 per day) pays for 1 week of "A Prairie Home Companion"
- \$500 pays for 1 day of "Morning Edition" & "All Things Considered"

NET Foundation for Television

Contributions support NET Foundation for Television's programming.

Nonprofit Association of the Midlands (NAM)

- \$1 a week pays for an annual membership for a grassroots nonprofit, giving them access to valuable resources, such as best practices for running their nonprofit business, cost-effective insurance, and retirement and professional development. (\$52)
- \$50 helps to underwrite the Salary and Benefit survey and report.
- \$100 sets a nonprofit on the path to excellence through the Guidelines and Principles program.

Omaha Community Playhouse

- \$25 buys a tennis ball marionette kit to introduce the concept of control and focus with a puppet. The kits will be used in our after school programs at area public schools.
- \$10 buys a children's book that we can use in our Creative Drama class.
- \$10 buys rolls of "Spike" tape, used to mark future set-pieces and stage layouts during the rehearsal process
- \$15 buys the notions for the sewing unit taught in our Theatre Technology Apprenticeship Program®.
- \$85 tunes a Piano!

Open Door Mission

- \$2.15 provides a hot, nutritious meal for an individual in need.
- \$83.33 sponsors a homeless veteran for 1 month.
- \$88 provides a homeless mother and her 2 children for 1 night of safe shelter.

Outlinc, Inc.

- \$4 per week sponsors a Community Education Event. (\$208)
- \$3 per week sponsors LGBTQ family events. (\$156)
- \$10 per week sponsors a Trans-Youth Speaker event. (\$520)
- \$20 per month provides for an LGBTQ sporting team sponsorship. (\$240)

Partnership for a Healthy Lincoln

- \$25 helps improve community access to health, wellness, and fitness information through our FREE city-wide event, Streets Alive!, an interactive, outdoor festival along a two mile stretch of the city, block off from traffic, that is family and wheelchair friendly.
- \$45 – less than \$1 per week helps support childcare staff in teaching children and families how to make healthy food and beverage choices, supporting better health for the rest of their lives.
- \$3.75 per week helps improve the health of infants and babies by providing professional support and education about the lifelong benefits of breastfeeding to 5 new low-income moms. (\$195)
- \$31 per month helps support worksite wellness programs that improve employee health and productivity. (\$372)
- \$9.62 per week helps to improve the health, fitness, and academic performance of K-12 students by supplying an entire Lincoln Community Learning Center site with supplies for a year to support nutrition and fitness education. (\$500)

People's Health Center

- \$10 pays for discounted medications for one patient.
- \$20 pays for one influenza vaccine for one patient.
- \$30 pays the medical visit copay for one patient.
- \$50 pays the copay for a school or sports physical for one patient.
- \$85 pays the dental visit copay for one patient.

Planned Parenthood of the Heartland

- \$15 provides a pregnancy test or a rapid HIV test.
- \$25 provides 125 condoms to encourage safe sexual encounters.
- \$50 covers the cost of testing a woman and her partner for two common sexually transmitted infections (STIs) that can cause infertility if untreated.
- \$150 provides a three-month supply of oral contraceptives and condoms to protect a woman and her partner from unintended pregnancy.
- \$250 provides one woman with a comprehensive annual exam that includes lifesaving screenings for breast and cervical cancers.

Seniors Foundation of Lincoln & Lancaster County

- \$8 would cover the cost of transportation to and from the fitness center.
- \$10 would pay the monthly fitness center suggested contribution for a low-income older adult.
- \$20 would pay for one hour of personal training services for a low-income older adult.
- \$16 would pay for one month of weekly seated Tai Chi classes.
- \$30 would pay for one Tai Chi or Yoga class for a group of Karen, Sudanese or Yazidis older adult refugees.

ServeNebraska

- \$6.01 an hour is what an AmeriCorps member earns an hour to make an impact in your community.
- \$48.00 a day pays for an AmeriCorps member to work with youth to tutor them and help them increase their reading and math grades.
- \$200 increases volunteerism among youth in communities across Nebraska.
- \$5,370 increases the chances of a service minded individual to attend college.

Sunrise Communications, Inc. – 89.3 KZUM

- \$40 an hour keeps the station up and running.

Tabitha

- \$6 will provide a hot, nutritious meal to a member of our community in need.
- \$30 will provide (5) five days worth of meals to someone who's unable to afford their meals.
- \$60 will provide (10) ten meals to a neighbor who is recovering from a recent hospitalization.
- \$180 will provide one month's worth of meals to an individual trying to remain independent at home.

- \$540 will provide three month's worth of meals for a widow who's just lost her companion.
- \$2100 will provide an entire year's worth of meals to someone who's experiencing a life-threatening illness.

University of Nebraska Foundation

- A gift of \$10 per month designated to the UNK Big Blue Cupboard will help students who are suffering from food insecurity.
- A gift of \$25 per month designated to the UNMC SHARING clinics will help students provide high-quality, low-cost health care and human services to those in need.
- A gift of \$50 per month designated to scholarships would cover a 3 hour credit class for a student at UNO.
- A gift of \$100 per month designated to study abroad programs will help a UNL student gain global experience.

Volunteers of America – Western Nebraska

- \$10 will purchase a 15 lb box of food for our food pantry.
- \$25 will provide a scholarship for an 8-week parenting course for a participating parent.
- \$30 a week will cover the cost of mileage to transport fresh fruits/vegetables to our food pantry.
- \$100 will purchase one month of healthy afternoon snacks for the children in our childcare centers.